



RAYMOND M. SEBALLOS, MD, INC.
DOCERE AESTHETIC
CENTER

10633 Pearl Road, Suite #2
Strongsville, OH 44136

*Pre-operative and Post-operative Instructions
for Local Anesthesia Surgery*

1. *If you are taking a blood thinner, you should check with your doctor if you can be off it for 4-5 days before surgery. (Such as coumadin/warfarin)*
2. *You should not take motrin, aspirin, ibuprofen, and herbal medications or any over the counter drug that will promote bleeding (see list below).*
3. *Since you will be strictly local anesthesia, you can eat a light breakfast. Avoid a big meal or heavy meal before any surgery. Any anesthesia such as sedation, regional block, or general anesthesia will require that you not eat for a minimum of 8 hours before surgery. That includes any liquid or solid food.*
4. *Medications can be taken preop with a minimal of water ie. sips.*
5. *It is a good idea not to drive your self to the hospital even for local procedures. Make arrangements to have someone drive you home.*
6. *Dressing instructions are generally given after the procedure. They will vary depending on the size, location, and extent of the surgery completed.*
7. *Be sure to call and schedule for follow-up visits. It is always good to confirm appointments.*
8. *Smoking is bad for healing and should be stopped before and after surgery. Passive or second hand smoke also can result in poor or delayed healing.*

The office number is (440) 268-9333

In case of Emergency, Dr. Seballos' pager is (216)670-6999 - numeric messaging using dial tone and keying in area code and phone number.

***HOSPITAL WILL USUALLY CALL YOU
THE LAST WORKING DAY BEFORE SURGERY TO INFORM YOU
OF WHAT TIME TO BE THERE AND WHERE TO GO WHEN YOU
ARRIVE.***

SURGERY DATE : _____

Medications to Avoid Prior to Surgery

Anticoagulants and Antiplatelet Agents, such as COUMADIN, WARFARIN, DIPYRIDAMOLE OR PERSANTINE, HEPARIN, LOVENOX, TICLOPIDINE (TICLID), TRENTAL, PLAVIX AND PLETAL, **WILL BE STOPPED AS DIRECTED BY YOUR ORDERING PHYSICIAN A FEW DAYS PRIOR TO YOUR SURGERY.**

The following drugs either contain aspirin and/or have undesirable side effects that may affect your surgery (abnormal bleeding and bruising). These drugs should be avoided for 14 DAYS prior to surgery. If you need to take something for relief of minor pain, you may take Tylenol.

A.S.A./A.S. Enseals	Easprin	Pabalate-SF
Actron	Ecotrin	Pamelor
Acuprin	Empirin with codeine	Pamprin
Advil	Endep	Parnate
Aggrenox	Equagesic Tablets	Pediaprofen
Aleve	Extrafon	Pepto-Bismol
Alka-Zeltzer	Excedrin	Percodan
Alka-Zeltzer Plus	Endodan	Propoxyphene Cmpnd 65
Anacin	Feldene	Phenylbutazone
Anaprox	Fiorinal	Ponstel
Ansaid	Four Way Cold Tablet	Phentermine
Argesic	Fish Oil/Omega-3	Q-protein
Arthritis Pain Formula	Fiortal with Codeine	Relafen
Arthritis Strength Bufferin	Gelpirin	Robaxisal
Arthropan Liquid	Ginko Biloba	Rufen
Ascriptin (all formulas)	Goody's	Roxiprin
Aspergum	Halfprin	Salflex
Aspirin (all brands)	Helidac Therapy	Salsalate
Atromid	Ibuprofen	Salocol
Axotal	Indomethacin Lanorinal	Sine Aid/Off/Sinutab
Bayer Aspirin	Indocin	SK-65 Compound
BC Powder	Kaopectate	St. John's Wort
Buff-A Comp	Lobac	St. Joseph's Cold Tab
Bufferin	Lodine	Soma Compound
Buffets II	Lortab ASA	Sulindac
Buffinol	Maalox	Synalogs
Buff-Tabs	Magan	Trendar
Butazolidin	Magsal	Talwin
Cama Arthritis Pain Reliever	Medipren	Tolectin
Carisoprodol Backache Formula	Meclomen	Tolmetin
Cataflan	Methacarbamol w/Aspirin	Toradol
Clinoril	Midol	Triaminicin
Congespirin Chewable	Mobigesic	Trigesic
Cope Tablets	Momentum Muscular	Trilisate Tablets/Liquid
Compound Bufferin (all formulas)	Mobic	Uracel
Cramp End	Motrin	Vanquish
Damason P	Monogesic	Verin
Daypro	Nalfon	Vicoprofen
Darvon (all compounds)	Naprosyn	Viox
Disalcid	Naproxen	Vitamin E
Doan's	Norgesic/Norgesic Forte	Voltaren
Dolobid	Nuprin	YSP
Dolprin	Oruvail	Zoprin
Dristan	Orudis	Green Tea

Many over the counter drugs contain aspirin and/or ibuprofen. Check the drug label for this information or ask your doctor/pharmacist. The above is just a PARTIAL list of drugs that may increase the risk of bleeding and/or bruising. Inform your doctor or nurse of all prescription drugs and over the counter medicine and herbals/dietary supplements.