

RAYMOND M. SEBALLOS, MD, INC.

DOCERE AESTHETIC CENTER

10633 Pearl Road, Suite #2 Strongsville, OH 44136

Pre-operative and Post-operative Instructions for Local Anesthesia Surgery

- 1. If you are taking a blood thinner, you should check with your doctor if you can be off it for 4-5 days before surgery. (Such as coumadin/warfarin)
- 2. You should not take motrin, aspirin, ibuprofen, and herbal medications or any over the counter drug that will promote bleeding (see list below).
- 3. Since you will be strictly local anesthesia, you can eat a light breakfast. Avoid a big meal or heavy meal before any surgery. Any anesthesia such as sedation, regional block, or general anesthesia will require that you not eat for a minimum of 8 hours before surgery. That includes any liquid or solid food.
- 4. Medications can be taken preop with a minimal of water ie. sips.
- 5. It is a good idea not to drive your self to the hospital even for local procedures. Make arrangements to have someone drive you home.
- 6. Dressing instructions are generally given after the procedure. They will vary depending on the size, location, and extent of the surgery completed.
- 7. Be sure to call and schedule for follow-up visits. It is always good to confirm appointments.
- 8. Smoking is bad for healing and should be stopped before and after surgery. Passive or second hand smoke also can result in poor or delayed healing.

The office number is (440) 268-9333

In case of Emergency, Dr. Seballos' pager is (216)670-6999 - numeric messaging using dial tone and keying in area code and phone number.

	HOSPITAL WILL USUAI	LLY CALL YOU
THE LAST WORKING	G DAY BEFORE SURGERY TO	INFORM YOU
OF WHAT TIME TO I ARRIVE.	BE THERE AND WHERE TO G	O WHEN YOU
SURGERY DATE :		

Medications to Avoid Prior to Surgery

Anticoagulants and Antiplatelet Agents, such as COUMADIN, WARFARIN, DIPYRIDAMOLE OR PERSANTINE, HEPARIN, LOVENOX, TICLOPIDINE (TICLID), TRENTAL, PLAVIX AND PLETAL, WILL BE STOPPED AS DIRECTED BY YOUR ODERING PHYSICIAN A FEW DAYS PRIOR TO YOUR SURGERY.

The following drugs either contain aspirin and/or have undesirable side effects that may affect your surgery (abnormal bleeding and bruising). These drugs should be avoided for 14 DAYS prior to surgery. If you need to take something for relief of minor pain, you may take Tylenol.

A.S.A./A.S. Enseals Easprin Pabalate-SF Actron **Ecotrin** Pamelor Acuprin Empirin with codeine Pamprin Parnate Advil Endep Aggrenox **Equagesic Tablets** Pediaprofen Aleve Extrafon Pepto-Bismol Alka-Zeltzer Excedrin Percodan

Alka-Zeltzer Plus Endodan Propoxyphene Cmpnd 65
Anacin Feldene Phenylbutazone

Anaprox **Fiorinal** Ponstel Ansaid Four Way Cold Tablet Phentermine Argesic Fish Oil/Omega-3 O-protein Arthritis Pain Formula Fiortal with Codeine Relafen Arthritis Strength Bufferin Gelpirin Robaxisal Arthropan Liquid Ginko Biloba Rufen Ascriptin (all formulas) Goody's Roxiprin Halfprin Salflex Aspergum Aspirin (all brands) Helidac Therapy Salsalate Salocol Atromid Ibuprofen

Axotal Indomethacin Lanorinal Sine Aid/Off/Sinutab
Bayer Aspirin Indocin SK-65 Compound
BC Powder Kaopectate St. John's Wort
Buff-A Comp Lobac St. Joseph's Cold Tab
Bufferin Lodine Soma Compound

Buffets II Lortab ASA Sulindac Buffinol Maalox Synalogs Trendar Buff-Tabs Magan Talwin Butazolidin Magsal Tolectin Cama Arthritis Pain Reliever Medipren Tolmetin Carisoprodol Backache Formula Meclomen Cataflan Methacarbamol w/Aspirin Toradol Clinoril Midol Triaminicin Congespirin Chewable Mobigesic Trigesic

Cope Tablets Momentum Muscular Trilisate Tablets/Liquid

Compound Bufferin (all formulas) Uracel Mobic Cramp End Motrin Vanguish Damason P Monogesic Verin Davpro Nalfon Vicoprofen Darvon (all compounds) Naprosvn Viox Disalcid Naproxen Vitamin E Doan's Norgesic/Norgesic Forte Voltaren Dolobid YSP Nuprin Zoprin Dolprin Oruvail Dristan Orudis Green Tea

Many over the counter drugs contain aspirin and/or ibuprofen. Check the drug label for this information or ask your doctor/pharmacist. The above is just a PARTIAL list of drugs that may increase the risk of bleeding and/or bruising. Inform your doctor or nurse of all prescription drugs and over the counter medicine and herbals/dietary supplements.