

Raymond M. Seballos, M.D., Inc.



10633 Pearl Rd., Suite 2
Strongsville, Ohio 44136

INSTRUCTIONS FOR SURGERY

You must be in an optimum state of health before surgery so post-operative complications are minimized.

Smoking is harmful to the outcome of your surgery. You must stop smoking at least 6 weeks prior to your surgery. You must eliminate passive smoke or second hand smoke exposure. You should not smoke for at least 6 weeks after surgery. Please contact our office if this is a problem.

Do not eat or drink anything after midnight or within 8 hours of your surgery. Medications can be taken with a sip of water. See the following pages for medicines to avoid prior to surgery.

Please have all your informed consent materials signed and dated prior to your procedure. These are given to the doctor at a second consultation or office visit. Any additional questions can be answered at a second consultation. You are encouraged to see Dr. Seballos at a second consultation, should you have any further questions or concerns.

The Day of Surgery

Arrange someone to stay at home with the patient on the first night at home.

Remove all makeup, jewelry, piercings, nail polish, hair spray or mousse, etc. before coming to the hospital or surgery center.

Contacting Dr. Seballos

Dr. Seballos can be reached by pager 24-hours a day. This pager # is: 216-670-6999. A message can be left, after hours, on his voicemail by calling his office number at (440) 268-9333. Messages left on Voicemail are for scheduling office visits or for non-urgent issues. If Dr. Seballos is out of town, please call his office number for the number of the covering physician.

Medications to Avoid Prior to Surgery

Anticoagulants and Antiplatelet Agents, such as COUMADIN, WARFARIN, DIPYRIDAMOLE OR PERSANTINE, HEPARIN, LOVENOX, TICLOPIDINE (TICLID), TRENTAL, PLAVIX AND PLETAL, **WILL BE STOPPED AS DIRECTED BY YOUR ORDERING PHYSICIAN A FEW DAYS PRIOR TO YOUR SURGERY.**

The following drugs either contain aspirin and/or have undesirable side effects that may affect your surgery (abnormal bleeding and bruising). These drugs should be avoided for 14 DAYS prior to surgery. If you need to take something for relief of minor pain, you may take Tylenol.

A.S.A./A.S. Enseals	Easprin	Pabalate-SF
Actron	Ecotrin	Pamelor
Acuprin	Empirin with codeine	Pamprin
Advil	Endep	Parnate
Aggrenox	Equagesic Tablets	Pediaprofen
Aleve	Extrafon	Pepto-Bismol
Alka-Zeltzer	Excedrin	Percodan
Alka-Zeltzer Plus	Endodan	Propoxyphene Cmpnd 65
Anacin	Feldene	Phenylbutazone
Anaprox	Fiorinal	Ponstel
Ansaid	Four Way Cold Tablet	Phentermine
Argesic	Fish Oil/Omega-3	Q-protein
Arthritis Pain Formula	Fiortal with Codeine	Relafen
Arthritis Strength Bufferin	Gelpirin	Robaxisal
Arthropan Liquid	Ginko Biloba	Rufen
Ascriptin (all formulas)	Goody's	Roxiprin
Aspergum	Halfprin	Salflex
Aspirin (all brands)	Helidac Therapy	Salsalate
Atromid	Ibuprofen	Salocol
Axotal	Indomethacin Lanorinal	Sine Aid/Off/Sinutab
Bayer Aspirin	Indocin	SK-65 Compound
BC Powder	Kaopectate	St. John's Wort
Buff-A Comp	Lobac	St. Joseph's Cold Tab
Bufferin	Lodine	Soma Compound
Buffets II	Lortab ASA	Sulindac
Buffinol	Maalox	Synalogs
Buff-Tabs	Magan	Trendar
Butazolidin	Magsal	Talwin
Cama Arthritis Pain Reliever	Medipren	Tolectin
Carisoprodol Backache Formula	Meclomen	Tolmetin
Cataflan	Methacarbamol w/Aspirin	Toradol
Clinoril	Midol	Triaminicin
Congespirin Chewable	Mobigesic	Trigesic
Cope Tablets	Momentum Muscular	Trilisate Tablets/Liquid
Compound Bufferin (all formulas)	Mobic	Uracel
Cramp End	Motrin	Vanquish
Damason P	Monogesic	Verin
Daypro	Nalfon	Vicoprofen
Darvon (all compounds)	Naprosyn	Viox
Disalcid	Naproxen	Vitamin E
Doan's	Norgesic/Norgesic Forte	Voltaren
Dolobid	Nuprin	YSP
Dolprin	Oruvail	Zoprin
Dristan	Orudis	Green Tea

Many over the counter drugs contain aspirin and/or ibuprofen. Check the drug label for this information or ask your doctor/pharmacist. The above is just a PARTIAL list of drugs that may increase the risk of bleeding and/or bruising. Inform your doctor or nurse of all prescription drugs and over the counter medicine and herbals/dietary supplements.